

# EU Diversity Month 2025: Promoting diverse and inclusive workplaces across Europe

Brussels, 24 March 2025

The European Commission announces the month of May as [EU Diversity Month 2025](#), as an opportunity to celebrate organisations building equal and inclusive environments. Now in its sixth year, the month-long celebration is dedicated to promoting diversity and inclusion in workplaces and society across Europe. Organised by the European Commission through the [EU Platform of Diversity Charters](#) and its 17,500 signatories, this initiative aims to raise awareness about the benefits of inclusive environments and encourage organisations to take concrete action in fostering diversity.

Throughout May, businesses, public institutions, non-profit organisations, and local authorities are invited to participate by organising their own diversity and inclusion events and activities.

*“Why should companies join European Diversity Month? Because they have a powerful role to play in turning the Union of Equality into a reality for millions. By committing to promoting diversity and inclusion in their workplace policies, companies can create a space where everyone thrives and can truly be themselves. This May, join the movement to celebrate discrimination-free, inclusive workplaces and drive a positive impact on society,”* says Hadja Lahbib, European Commissioner for Equality.

## The focus for 2025: Wellbeing and mental health at work

Every year is dedicated to a different topic. This year’s theme recognises the critical role that inclusive and supportive workplaces play in the overall health and happiness of employees. It is reported that [27% of workers](#) in the EU have experienced work-related stress, depression or anxiety in the past twelve months. Addressing mental health challenges is essential for enhancing the resilience of individuals and society. Mental health is foundational for a productive economy and an inclusive society, extending beyond individual or family concerns. The cost of non-action on mental health is significant, amounting to [€600 billion annually](#) and forecasted to rise further.

## Putting organisation’s diversity efforts on the map

During EU Diversity Month 2025, organisations are invited to host discussions, workshops, and initiatives that promote mental wellbeing, reduce workplace stress, and foster a culture of belonging. They are also encouraged to add their planned activities to the online map of events on the official [EU Diversity and Inclusion website](#).

## Opening event on 29 April 2025

The EU Diversity Month 2025 will officially kick-off on 29 April at an [opening event](#) in Brussels where the winners of the European Capitals of Inclusion and Diversity Award will

also be announced. The high-level event will gather policymakers, representatives of businesses and public organisations, mayors and national officials. Media representatives are invited to attend the event.

### **Press contact**

For media enquiries, please contact:

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### **Further information**

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